

# **Conejo Recreation & Park District**

#### **Participant Return to Program Protocols**

**Regardless of Vaccination Status** 

### Participant is Identified as a Close Contact

Participant may continue attending program if no symptoms are present. It is strongly suggested exposed participants wear a face covering indoors around others for at least 10 days following the date of the last exposure.

## Participant Presents Symptoms <sup>1</sup>

Must be excluded from program immediately and testing is highly recommended. May return to program with a <u>negative test and</u> symptoms are no longer present or are mild and improving <u>and</u> free of fever for at least 24 hours without the use of fever-reducing medicines.

#### Participant Tests Positive for COVID-19<sup>2</sup>

Must be excluded from program for at least 5 days after the start of symptoms (or after date of first positive test if no symptoms).

Exposed participants should get tested within 3-5 days of last known exposure, unless they had COVID-19 within the last 30 days.

If no test is performed participants must be excluded from program for at least 10 days since symptoms first appeared <u>and</u> be free of fever for at least 24 hours without the use of fever-reducing medicines <u>and</u> symptoms have significantly improved.

May return to program after 5 days if symptoms are not present or are mild and improving <u>and</u> free of fever for at least 24 hours without the use of fever-reducing medicines.

If symptoms develop, participant must stay home and follow protocol for "Participant Presents Symptoms." If positive test, follow protocol for "Participant Tests Positive for COVID-19".

A licensed health care professional may determine a participant may return to the program because the person's symptoms were caused by a known condition other than COVID-19.

A note from a medical physician is required.

If a fever is still present, participant may not return until 24 hours after fever resolves without the use of fever-reducing medicines. If other symptoms (not fever) are not improving, may not return until symptoms are improving or after 10 days.

<sup>&</sup>lt;sup>1</sup> The day symptoms appear is considered Day 0. The following day is considered Day 1.

<sup>&</sup>lt;sup>2</sup> If asymptomatic and there is a positive test, the day of the positive test is considered Day 0. The following day is considered Day 1.